

Boorley Park News and Updates



Boorley Park School

1st March 2024

Year 4 Trip to Winchester Cathedral

Last Friday Year 4 went on a trip to Winchester Cathedral to learn more about the Anglo-Saxon history of the building. First, we had a tour of the cathedral and saw the boxes containing the bones of some of the Anglo-Saxon kings along with some of the wall paintings from that time. We then decorated shields in the Anglo-Saxon style, thinking carefully about the colours and designs we chose. Finally, we had a tile printing workshop, recreating some of the tiles from the floor of the cathedral.

It was a great day out and we learnt lots about this amazing building.



Spotlight On... PSHE this term

This half term, our PSHE theme is 'Healthy Me'.

Year R - the children learn about their bodies: the names of some key parts as well as how to stay healthy. They talk about food and that some foods are healthier than others. They discuss the importance of sleep and what they can do to help themselves get to sleep. They talk about hand washing and why it is important. The class also discuss 'stranger danger' and what they should do if approached by someone they don't know.



Year 1— the children learn about healthy and less healthy choices and how these choices make them feel. They explore about hygiene, keeping themselves clean and that germs can make you unwell. The children learn about road safety, and about people who can help them to stay safe.

Year 2—the children learn about healthy food; they talk about having a healthy relationship with food and making healthy choices. The children consider what makes them feel relaxed and stressed. They learn about medicines, how they work and how to use them safely. The children make healthy snacks and discuss why they are good for their bodies.

Year 3—the children learn about the importance of exercise and how it helps your body to stay healthy. They also learn about their heart and lungs, what they do and how they are very important. The children discover facts about calories, fat and sugar; they discuss what each of these are and how the amount they consume can affect their health. The children learn about different types of drugs, the ones you take to make you better, as well as other drugs. The children consider things, places and people that are dangerous and link this to strategies for keeping themselves safe.

Year 4—the children look at the friendship groups that they are part of, how they are formed, how they have leaders and followers and what role they play. The children reflect on their friendships, how different people make them feel and which friends they value the most. The children also learn about smoking and its effects on health; they do the same with alcohol and then look at the reasons why people might drink or smoke. Finally, they learn about peer pressure and how to deal with it successfully.

Our Assembly Theme this week

This week our focus was on internet safety and in particular on 'pop-ups'.

We talked about what pop ups are and when we see them. The children said that they often come up while they are playing games or looking at websites online. They identified that often the pop-ups are adverts for things to buy or they say that you have won a competition.

We then read the story 'The Pop-Up Gremlins' about a little girl who clicks on a pop-up while she is playing a game because she wants it to go away and suddenly her room is filled with little pink 'pop-up gremlins'. She tries to hide them and get rid of them but they keep appearing so eventually she goes to tell her Mum and Dad who help her to get rid of them.

The story had an e-safety message for the children if they come across pop-ups while playing:



Stop playing
Close the device
Tell an adult

We talked about why these things are important and why they should use them if they come across pop-ups while using their devices. There is some advice for parents/carers on the 'stop, close, tell' guidance at the end of this newsletter.

University of Southampton Science and Engineering Festival

Southampton Science and Engineering Festival (SOTSEF) is the University of Southampton's annual award-winning interdisciplinary science festival that allows everyone to explore and discover what the world of STEAM (Science, Technology, Engineering, Arts and Mathematics) has to offer.

For British Science Week join an interdisciplinary journey of discovery with a series of free events.

If you can make it to Southampton, Science and Engineering Day, our free family-friendly event packed with more than a hundred interactive activities, workshops, live shows, art performances and laboratory tours, will be back on campus on Saturday 16th March 2024.

Programme, timetable of live events and tickets are now available at <https://www.sotsef.co.uk/>



Dates for Your Diaries—2023-2024

Whole School

Spring Term 2024

- Thursday 7th March—World Book Day (dress up as a book character)
- Friday 15th March—Comic Relief (non uniform day)
- Thursday 21st March—PTA Easter Disco—Year R and 1—4:15pm—5pm;
Years 2—4—5:15pm—6:15pm
- Thursday 28th March—Last Day of Spring 2 Term
- Friday 29th March—Friday 12th April—Easter Holidays



Summer Term 2024

- Monday 15th April—First Day of Summer 1 Half Term
- Friday 19th April—PTA Bag 2 School Day (Non Uniform Day)
- Monday 6th May—Bank Holiday (School Closed to Pupils)
- Friday 17th May—Pyjamarama (come to school in your pyjamas)
- Friday 24th May—Last Day of Summer 2 Half Term
- Monday 27th—Friday 31st May—Half Term

Year R

- Thursday 28th March—2:30pm—Year R Community Rocks!
- Wednesday 17th April—Visit from the PDSA (change of date)
- Tuesday 7th May—2:45pm—Planting Workshop with parents
- Friday 21st June—9am-12pm-Mill Cottage Farm Experience in school

Year 1

- Thursday 14th March—2:45pm—Recorder Concert for Parents
- Tuesday 19th March—Trip to Marwell Zoo
- Wednesday 15th May—Royal Festival and Dress Up Day (inc parent event at 2:45pm)
- Thursday 6th June—Trip to Portchester Castle - more details to follow
- W.c. 10th June—Statutory Year 1 Phonics Screening (more details and parent information event to follow)
- **Rabbit Class** Monday 15th July—9:15am—Celebration Assembly for Parents
- **Otter Class** Tuesday 16th July—9:15am—Celebration Assembly for Parents

Upcoming Events and Reminders

Year 2

- **Hedgehog Class**—Monday 18th March—2:30pm—Making a Life Cycle Workshop with parents
- **Fox Class**—Tuesday 19th March—2:30pm—Making a Life Cycle Workshop with parents
- Wednesday 17th April—Trip to Sea City Museum
- **Hedgehog Class**—Thursday 23rd May—2:45pm—Art Gallery for parents
- **Fox Class**—Friday 24th May—2:45pm—Art Gallery for parents
- Thursday 6th June—Habitat Hunt in school (for children only)
- **Hedgehog Class** Wednesday 17th July—9:15am—Celebration Assembly for Parents
- **Fox Class** Thursday 18th July—9:15am—Celebration Assembly for Parents

Year 3

- Wednesday 13th March—2:45pm—Portrait Gallery for Parents
- Thursday 14th March—Trip to Staunton Country Park (change of date)
- Year 3/4 Easter Show—Tuesday 26th March—9:15am
- Year 3/4 Easter Show—Wednesday 27th March—2:15pm
- **Deer Class** Tuesday 21st May—2:30pm—Magnets Workshop with parents
- **Mouse Class** Wednesday 22nd May—2:30pm—Magnets Workshop with parents
- Friday 14th June—2:30pm—Family Picnic

Year 4

- Wednesday 20th March—2:45pm—Volcano Workshop for Parents
- Year 3/4 Easter Show—Tuesday 26th March—9:15am
- Year 3/4 Easter Show—Wednesday 27th March—2:15pm
- Monday 20th May- 2:45pm—Parent Event (TBC)
- W.c. 3rd June—Statutory Year 4 Multiplication Tables Check (more details and parent information event to follow)
- Tuesday 9th July- 2:45pm—Parent Event (TBC)

Boorley Park Term Dates 2024/25



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| November 2024 | | | | | | | |
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| 52 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
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| January 2025 | | | | | | | |
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| March 2025 | | | | | | | |
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| April 2025 | | | | | | | |
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| May 2025 | | | | | | | |
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| June 2025 | | | | | | | |
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| July 2025 | | | | | | | |
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| August 2025 | | | | | | | |
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| 34 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 35 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
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 Bank Holiday
 School Holiday

 INSET Day (school closed to children)

The Pop-Up Gremlins: What Is Stop, Close, Tell? Parents/Carers Guidance

Story Overview:

The Pop-Up Gremlins is a story which highlights the importance of how to stay safe online through the use of the rules: **Stop, Close, Tell**. A young girl, Edie, receives a new tablet for her birthday and begins to play her favourite game in her bedroom, away from her parents. Pop-up gremlins appear and ask Edie to tap on them, which results in more gremlins duplicating and occupying her bedroom. Eventually, Edie realises that in order to stay safe online and to make the pop-up gremlins disappear, she needs to follow all of the **Stop, Close, Tell** rules, so that the problem can be resolved. A key piece of information to take away from the story is that children should always ensure they tell a trusted adult if they see anything online that makes them feel uncomfortable.

What is online safety?

Online safety is about knowing what we can do to keep safe when using the Internet. Ultimately, we want to keep children safe from harmful content and risks and ensure they know what to put in place to protect themselves as digital citizens. Technology is all around us and children are able to access and use many digital devices on a daily basis, whether this be at home or at school. As technology evolves rapidly over time, it can be difficult to keep up with the changes and to know how to maintain the safety of children online. It is vital to keep children safe from harmful conversations and exposure to sharing personal information. Above all, we need to protect their personal wellbeing.



What is Stop, Close, Tell?

Stop - Stop what you are doing. Do not click on the page or reply to any messages.

This encourages a child to stop what they are doing when they see something they are unsure of or that is inappropriate. Children should not click or tap on anything on the device.

Close - Close the laptop. Put your phone or tablet down.

The child should then close the lid, case or turn the device over so that the screen can no longer be seen.

Tell - Tell a trusted adult.

It is important for the child to then tell a trusted adult what has happened, so that they can access the device and assess what needs to be done in order to fix or report the issue.

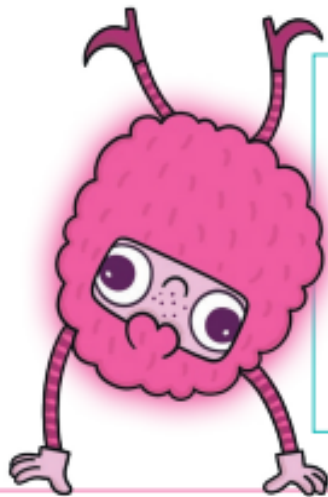


How can we keep children safe online?

When thinking about your child's online presence, it is important to ask yourself the following questions:

- How is my child accessing the Internet? Can they access it in more than one way?
- What websites and/or apps is my child using?
- Does your child talk to anybody online? Do you know who they are? Can they be trusted?
- What information is my child sharing online?

Engaging in conversations in a more relaxed environment may offer a more subtle approach to interacting with your child about what they do online, without any added pressure. If you are showing interest in what they do, the conversation could open up more freely as children often like to share what excites and interests them. It would be beneficial to keep informed on any changes in the news or trends on social media and television. It is important to have regular dialogue with your child about their online presence so that you know what they are accessing is safe and age-appropriate.



Questions to start a discussion:

Asking the questions below can open up conversations about how your child spends their time online.

- What are your favourite things to do online?
- Do you know the people you talk to online offline?
- What should you do if you see something online that upsets you or makes you feel uncomfortable?

What measures can I take to help keep my child safe online?

- Set parental controls and check privacy settings on the devices that your child uses.
- Look at device settings, set limits on screen time, turn off location sharing and disable in-app purchases.
- Check app settings to ensure that chat options are switched off.
- Set boundaries for using devices, such as limiting screen time and not using a devices at meal times/before bedtime.
- Be clear on what information is safe to share online.
- Be aware of the apps, games and/or websites your child is accessing and ensure they are age-appropriate.
- Encourage your child to be polite and respectful towards others when online.

