

Boorley Park News and Updates



Boorley Park School

23rd November 2023

Book Fair

Thank you so much to everyone who supported our Book Fair last week.

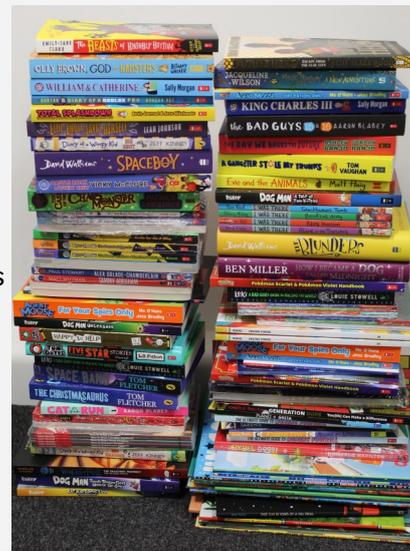
We were overwhelmed by the support you all showed by purchasing books and by Monday afternoon the shelves were almost empty!

Through your support, we raised over £800 in commission from the books sold—all of this money has gone straight to purchasing these two huge stacks of fiction books, picture books and graphic novels for the library. The children will be able to borrow them from next week.

We will be running another book fair before Easter next year.

Thank you once again for your generous support,

Mrs Harris



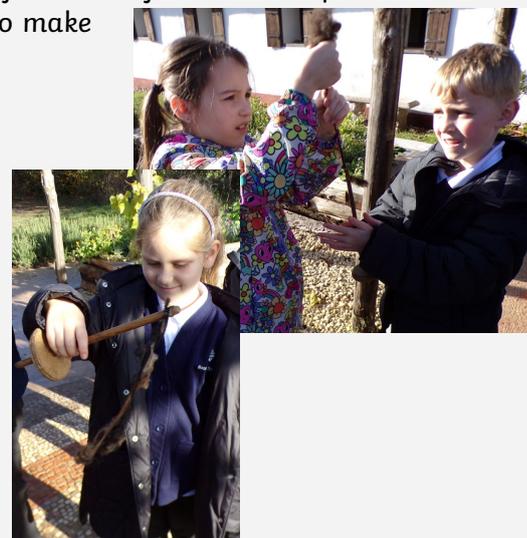
Year 3 and 4 Trip to Butser Farm

On Friday 17th November, Year 3 and 4 went on an exciting trip to Butser Ancient Farm. The site tour took the Year 3 children back to homes in the Stone Age and explore what daily life would have been like. For Year 4, the children travelled back to Roman times, exploring a Roman Villa and feeling the mosaic floor underfoot.



We took part in a number of different activities including chalk carving where we used flint tools to carve a picture to represent that period in History onto chalk, using natural materials to add colour.

The Year 4s had a spinning class, the children learnt how to transform wool from the sheep at Butser into workable textile fibres! Whilst the Year 3s learnt to make cord using plant fibres.



Finally, we all took part in an archaeological excavation to see what we could discover. Overall, we had an amazing day and really enjoyed our experience.

Our Assembly Theme This Week

In assembly this week we continued to focus on the theme of Kindness and we took part in a virtual assembly from the charity 52 Lives.

They shared the definition of kindness as *'the quality of being friendly, generous and considerate'*. We thought about what each of these words means and the different ways we can show these qualities (you can see some of the suggestions on the slides below).

Sometimes we think kindness has to be big things, but in the assembly we learned that it is the small things that can make the most difference to other people and ourselves.

We focused on thinking about what small acts of kindness we can do easily and every day that would make a difference—ideas such as giving a compliment, smiling and saying hello, thanking someone for something they have done or showing an interest in them.

We set the children the challenge of doing as many small acts of kindness as possible this week to their friends in school and people at home.

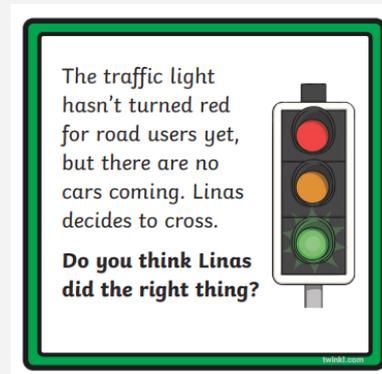


Spotlight On.... Road Safety

As your child gets older, you can start to talk to them in more depth about road safety. While children aged 4 - 11 will not yet be walking or crossing roads on their own, it is likely they are starting to develop a greater desire for independence, meaning you can involve them more in planning safe places to cross roads, looking out for dangers and following the key steps for crossing safely: Think, Stop, Look, Listen, Cross.

Key things to talk to your young child about include:

- How to walk safely on the pavement, keeping a good distance from the edge of the road.
- The importance of walking sensibly by roads and being aware of your surroundings.
- How to walk with an adult, either holding hands or by their side.
- The importance of walking rather than running when crossing roads.
- How to stop safely when on a bike or scooter.
- How to recognise and use safe places to cross.
- The Stop, Think, Look, Listen and Cross sequence.
- How to look out for dangers, such as hidden driveways, small side roads and blind corners.



The best time to talk to your young child about road safety is when you're out and about. Real-life situations present excellent learning opportunities. Next time you're walking to school, taking a trip to the park or heading into town, chat to your child about the route you're going to take, where you're planning to cross the road and why, how to Stop, Think, Look and Listen before crossing and how to keep an eye out for traffic and potentially dangerous situations.

Sleep Support Parent/Carer Coffee Morning



Boorley Park School



**FRIDAY 1ST
DECEMBER
9.00-10.00AM**

**Please sign in as you
enter the hall through
the side entrance.**

***Pre-school siblings
welcome!***

Come along for a cup of tea/
coffee and biscuits and meet
members of our inclusion team
including: Helena Darnley,
SENDCo, Ali Carpenter, Family
Support Worker and Cheron
Macdonald, Head of Additional
Support and SEND Co-ordinator
at Deer Park School.

**This session will include
an hour-long webinar on
how to support good
sleep in school-aged
children.**



**If you're interested in coming along drop the office an
email at boorleypark@boorleyparkprimary.org
(you are still welcome to come on the day if you haven't emailed)**

Dates for Your Diaries—2023-2024

Whole School

Autumn Term 2023

- Friday 24th November—INSET Day (school closed to pupils)
- Saturday 25th November—PTA Christmas Event—Elf School
- Wednesday 6th December—Open Box Pantomime in school for all pupils
- Thursday 14th December—PTA Christmas Neon Disco (Year R and Year 1 4:15pm—5pm; Years 2-4 5:15pm-6:15pm)
- Friday 15th December—Last Day of Autumn 2 Half Term



Spring Term 2024

- Tuesday 2nd January—First Day of Spring 1 Half Term
- Friday 26th January—After School—Messy Church in our school hall
- Thursday 1st February—4:30pm—6pm—PTA Film Night for KS1 Pupils
- Monday 5th February—3:30pm—7pm-Parents' Evening
- Thursday 8th February—3:30pm—5:30pm—Parents' Evening
- Friday 9th February—Last Day of Spring 1 Half Term
- Monday 12th—Friday 16th—Half Term
- Monday 19th February—INSET Day (school closed to pupils)
- Thursday 7th March—World Book Day (dress up as a book character)
- Friday 15th March—Comic Relief (non uniform day)

Year R

- Year R Christmas Play—Tuesday 12th December—2:15pm
- Year R Christmas Play —Thursday 14th December—9:15am
- Friday 12th January—Little City Play Visit (in school)
- Friday 9th February—2:30pm—Year R Afternoon Tea for Someone Special
- Thursday 28th March—2:30pm—Year R Community Rocks!
- Friday 21st June—9am-12pm-Mill Cottage Farm Experience in school-more details to follow

Year 1

- KS1 Christmas Play—Tuesday 5th December—9:15am
- KS1 Christmas Play—Thursday 7th December—2:15pm
- Tuesday 23rd January—2:30pm—Sewing Workshop with parents
- Thursday 14th March—2:45pm—Recorder Concert for Parents
- Tuesday 19th March—Trip to Marwell Zoo - more details to follow
- Thursday 6th June—Trip to Portchester Castle - more details to follow

Upcoming Events and Reminders

Year 2

- KS1 Christmas Play—Tuesday 5th December—9:15am
- KS1 Christmas Play—Thursday 7th December—2:15pm
- Wednesday 24th January—Year 2 Trip to Portsmouth Aquarium and Beach
- **Hedgehog Class**—Tuesday 30th January—2:30pm—Science Experiment with Parents
- **Fox Class**—Wednesday 31st January—2:30pm—Science Experiment with Parents
- Wednesday 17th April—Trip to Sea City Museum -more details to follow

Year 3

- **Deer Class** Wednesday 29th November—2:30pm—Fossil Painting Workshop with parents
- **Mouse Class** Thursday 30th November—2:30pm—Fossil Painting Workshop with parents
- Monday 29th January—2:45pm—Share a Book with an adult
- Wednesday 13th March—2:45pm—Portrait Gallery for Parents
- Thursday 21st March—Trip to Staunton Country Park - more details to follow

Year 4

- Tuesday 28th November—2:45pm—Parent Workshop (Design Technology)
- Thursday 1st February—2:50pm—Art Exhibition for Parents
- Friday 23rd February — Trip to Winchester Cathedral - more details to follow
- Wednesday 20th March—2:45pm—Volcano Workshop for Parents

Staying Safe

The 7 Confident Thoughts

'The 7 Confident Thoughts' are the building blocks of self-assurance and self-confidence. People who can think in this way will be more ready to cope with and manage any changes that may arise.



Other people respect me

People are generally pretty nice

I have some control in my life

Bad things don't often pop up out of the blue

Bad things don't happen often

I can cope with most things

The world is pretty safe

Happy, confident children are those who have a feeling that the world is safe, that they can cope with most things, that they have some control over their lives and that people are generally nice.

Children who feel that the world is fraught with danger or that they cannot cope (even if they actually can) are prone to anxiety and other mental health problems. So they need to start developing the belief that the world is safe and that they can cope with whatever life throws at them.

In order to do this we should teach them about how our thoughts have a huge impact on our feelings and behaviours.

Source: Sam Cartwright-Hatton – Coping with an Anxious or Depressed Child: A Guide for Parents & Carers

Special time

Giving your child ten minutes of your undivided attention every day



Source: Sam Cartwright-Hatton – Coping with an Anxious or Depressed Child: A Guide for Parents & Carers

- Try to do special time every day.
- Ask your child what they want to do for the ten minutes. Let them choose anything, within reason.
- During the ten minutes, give the child your undivided attention.
- Turn the TV off, ignore the phone, don't try to do anything else (e.g. cook the dinner, do the ironing) at the same time.
- Have a nice time with your child and use this time to give your child lots of praise.
- Give your child lots of affection during these ten minutes – give them hugs and kisses if they like that. If they don't like hugs and kisses, at least try to show some physical affection – put an arm around their shoulder or touch them on the arm a few times.
- Let the child be in charge during these ten minutes. If they want to change the rules of the game that you are playing, that is fine. If they act silly or show off, let it pass. During these ten minutes, it is all about having a relaxed time. Don't criticise your child unless they actually do something dangerous.
- Don't use this time to teach your child – there are plenty of other times for learning. These ten minutes are just about enjoying your time together.
- Try not to ask too many questions during these ten minutes. Asking questions stops your child's mind from relaxing and going with the flow. Questions are fine at any other time, but not in this special ten minutes.