

Boorley Park News and Updates



Boorley Park School

5th January 2024

Welcome Back!

Welcome back! We hope that you all had a wonderful Christmas and New Year break. We are looking forward to a busy term ahead with lots of activities planned for the children in all year groups.

This week we have welcomed a number of new staff to Boorley Park. Miss Gallop will be taking over the teaching of Year 4 from Mrs Whitehead when she starts her maternity leave later this term. For the next couple of weeks they will be teaching the class together. We also welcome Mrs Lamb as an LSA; she will be working mainly in Year 1 and Mrs Freemantle has moved to support Year 3. We also welcome back Mrs Hayles and Mr Hammond back to school as they begin to resume some of their duties with us.

Finally, we welcome two new SCITT students who will be with us this half term—Miss Henser who is working with Hedgehog Class and Miss Roxburgh who is working with Deer Class. Miss Hack and Mrs Street have moved to complete placements at other schools and will be back with us after February half term.

As always, if you have any questions or wish to discuss anything with a member of school staff, please do get in touch either via email, phone or by talking to the class teacher.

Spotlight On.... PSHE This Term

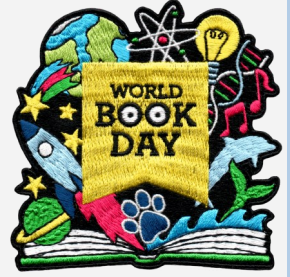
Our PSHE theme this term is 'Dreams and Goals'.

- **Year R**—the children consider challenges and facing up to them. They discuss not giving up and trying until they have achieved their goal. The children are encouraged to think about jobs that they might like to have when they are older and are taught to associate what they learn now with being able to have the job they want. They also talk about achieving goals and the feelings linked to this.
- **Year 1** -the children talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well.
- **Year 2**—the children explore setting realistic goals and how they can achieve them. They discuss perseverance when they find things difficult as well as recognising their strengths as a learner. The children consider group work and reflect on with whom they work well and with whom they don't. They also reflect on sharing success with other people.
- **Year 3**—the children look at examples of people who have overcome challenges to achieve success and discuss what they can learn from these stories. The children identify their own dreams and ambitions and discuss how it will feel when they achieve them. They discuss facing learning challenges and identify their own strategies for overcoming these. The children consider obstacles that might stop them from achieving their goals and how to overcome these. They reflect on their progress and successes and identify what they could do better next time.
- **Year 4**—the children consider their hopes and dreams. They discuss how it feels when dreams don't come true and how to cope with/overcome feelings of disappointment. The children discuss making new plans and setting new goals even if they have been disappointed. The class explore group work and overcoming challenges together. They reflect on their successes and the feelings associated with overcoming a challenge.



World Book Day

It may seem a long time away but will be here before we know it—World Book Day is on Thursday 7th March and at the request of the children we will be dressing up as book characters this year. We therefore wanted to give you lots of notice.



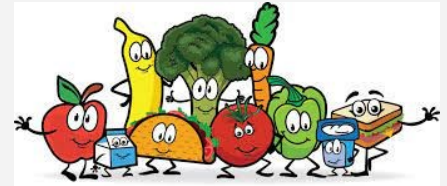
If your child chooses to dress up, remember that they can be from a fiction or non-fiction book and please do not feel that you need to purchase costumes; be inventive with current clothes or accessories. If they have a copy of the book, please do send it in with them so they can share

Winter Coats



A plea from us... please can you make sure that your child's coat has their name in it.
At the end of lunchtime, we often have a large pile of unnamed coats left and reuniting them with their owners is very challenging!

School Lunch Orders



The Spring Term 1 lunch bookings are now available via Parentpay.

Please can we ask that you all continue to order your child's lunches in advance so that food doesn't go to waste and also to keep Billy happy!

You can order your child's school lunch weekly, monthly or half termly. If you do not order lunches via Parentpay at least 24 hours in advance, you will need to provide your child with a packed lunch from home.

Any problems or queries, please contact the school office and we will do our best to help you.

PTA Annual General Meeting

We would like to give notice of the AGM of the Boorley Park PTA, to be held on Friday 19th January

The meeting will take place at 4.15pm in the school hall.

If you would like any further information about being a committee member, please email boorleyparkpta@gmail.com or send us a message via our Facebook page @BoorleyParkPTA

Dates for Your Diaries—2023-2024

Whole School

Spring Term 2024



- Tuesday 2nd January—First Day of Spring 1 Half Term
- Friday 26th January—After School—Messy Church in our school hall
- Thursday 1st February—4:30pm—6pm—PTA Film Night for KS1 Pupils
- Monday 5th February—3:30pm—7pm-Parents' Evening
- Thursday 8th February—3:30pm—5:30pm—Parents' Evening
- Friday 9th February—Last Day of Spring 1 Half Term
- Monday 12th—Friday 16th—Half Term
- Monday 19th February—INSET Day (school closed to pupils)
- Thursday 7th March—World Book Day (dress up as a book character)
- Friday 15th March—Comic Relief (non uniform day)
- Thursday 21st March—PTA Easter Disco—Year R and 1—4:15pm—5pm; Years 2—4—5:15pm—6:15pm
- Thursday 28th March—Last Day of Spring 2 Term
- Friday 29th March—Friday 12th April—Easter Holidays

Year R

- Friday 12th January—Little City Play Visit (in school)
- Friday 9th February—2:30pm—Year R Afternoon Tea for Someone Special
- Thursday 28th March—2:30pm—Year R Community Rocks!
- Friday 21st June—9am-12pm-Mill Cottage Farm Experience in school

Year 1

- Tuesday 23rd January—2:30pm—Sewing Workshop with parents
- Thursday 14th March—2:45pm—Recorder Concert for Parents
- Tuesday 19th March—Trip to Marwell Zoo - more details to follow
- Thursday 6th June—Trip to Portchester Castle - more details to follow

Upcoming Events and Reminders

Year 2

- Thursday 18th January—Year 2 Trip to Portsmouth Aquarium and Beach
- **Hedgehog Class**—Tuesday 30th January—2:30pm—Science Experiment with Parents
- **Fox Class**—Wednesday 31st January—2:30pm—Science Experiment with Parents
- Wednesday 17th April—Trip to Sea City Museum -more details to follow

Year 3

- Monday 29th January—2:45pm—Share a Book with an adult
- Wednesday 13th March—2:45pm—Portrait Gallery for Parents
- Thursday 21st March—Trip to Staunton Country Park - more details to follow

Year 4

- Thursday 1st February—2:50pm—Art Exhibition for Parents
- Friday 23rd February — Trip to Winchester Cathedral - more details to follow
- Wednesday 20th March—2:45pm—Volcano Workshop for Parents

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

Top Tips for... **MANAGING SCREEN TIME**

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

Any problems or queries, please contact the school office and we will do our best to help you.

You can book meals weekly, monthly or half termly. Bookings will close 48hrs before the meal is taken. The school office will cancel your child's meal if they are absent from school and for those parents that pay for school meals your account will be credited.

Please note that we won't cancel/refund an order if your child changes their mind and you send them to school with a packed lunch.

Any problems or queries, please contact the school office and we will do our best to help you.